

Press Coverage | September 23, 2025

# Amplifying Impact Through Connection: How Lauren Doughty Provides True Counseling for Her Clients

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Lauren Doughty, a partner with Troutman Pepper Locke, was featured and quoted in the September 23, 2025 *Greater Houston Community Foundation* article, “Amplifying Impact Through Connection: How Lauren Doughty Provides True Counseling for Her Clients.”

For nearly two decades, Lauren Doughty has built a career founded on trust, empathy, and a profound understanding of what matters most to her clients. Her journey into estate planning began with a leap of faith—after college, law school felt like a good next step, but it quickly became a calling. With no lawyers in her family, Lauren found herself navigating unfamiliar territory, at times battling imposter syndrome, and ultimately discovering a practice area that allowed her to blend technical expertise with heartfelt advising and relationship building.

[Read the full article.](#)

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