

Press Coverage | September 1, 2026

Extend and Pretend Era of Real Estate Is No More

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[Mark A. Silverman](#)

[Mark A. Silverman](#), a partner in Troutman Pepper Locke's [Bankruptcy + Restructuring](#) Practice Group, was quoted in the September 1, 2026, *PERE* article, "[Extend and Pretend Era of Real Estate Is No More](#)."

"In 2021-24, we were firmly in the extend-and-pretend era. A lot of people were kicking the can down the road," says Mark Silverman, a partner and leader of the CMBS special servicer practice at law firm Troutman Pepper Locke.

"In 2025, this stopped. Lenders and servicers did not extend loans unless there was a significant pay down in the principal or significant alternative enhancements. This year we are in the land of enforcement."

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"One thing that is clear is that we're not going to get any major interest rate relief. I don't see inflation going down and that will have an impact on all commercial real estate activity," Silverman says.

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