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# Get Me Off This Ride: Understanding the Emotional Rollercoaster After a Ransomware Attack

## Unauthorized Access Podcast

### SPEAKERS

[Sadia Mirza](#) | [Kamran Salour](#)

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In this episode of *Unauthorized Access*, Kamran and Sadia welcome Tony Kirtley of Secureworks. Tony discusses the emotional response to a ransomware attack, particularly how the emotional response mirrors the Kübler-Ross five stages of grief. Tony also shares how the sooner organizations reach the fifth stage of “acceptance” — the sooner they can make rational and pragmatic decisions in the incident response process.

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