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# What Can the Show *Severance* Teach Us About Work-Life Balance?

## Hiring to Firing Podcast

### SPEAKERS

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Work-life balance — does it exist? In Episode 4 of the *Hiring to Firing Podcast*, Troutman Pepper Partners Tracey Diamond and Evan Gibbs sit down with Debbie Epstein Henry, best-selling author, public speaker, consultant, and host of the [Inspiration Loves Company](#) podcast, to discuss the hit TV show *Severance* and lessons learned about work-life balance. Tune in to hear a lively discussion about ways companies can help workers find work-life balance to increase happiness and satisfaction, while maximizing effectiveness.

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