

Anca Vintu

Associate

Atlanta

anca.vintu@troutman.com

D 404.885.3333



OVERVIEW

Anca counsels clients on employee benefits and executive compensation issues. She collaborates closely with plan sponsors on the design, administration, interpretation, correction and termination of employee benefit plans, and drafts and reviews executive compensation agreements.

Anca also plays a key role in M&A transactions, advising clients on benefits issues, conducting due diligence, and assisting with post transaction integration. Drawing from more than two decades of experience as a pension consultant before becoming an attorney, she provides practical and actionable advice for clients navigating the complexities of retirement plans.

TOP AREAS OF FOCUS

- [Employee Benefit Guidance on Workforce Transitions](#)
- [Employee Benefits + Executive Compensation](#)
- [Mergers + Acquisitions](#)
- [Tax-Qualified Retirement Plans](#)

PROFESSIONAL EXPERIENCE

- Benefits specialist, Troutman Pepper Locke, 2016-2024
- Senior retirement plan consultant, Retirement Plan Administrators, LLC, 2015-2016
- Senior retirement plan consultant, DWC ERISA Consultants, LLC, 2013-2015
- Plan administrator, Pension Financial Services, Inc., 2006-2013
- Plan administrator, Retirement Plan Services Company, Inc., 2002-2006

EDUCATION AND CERTIFICATIONS

EDUCATION

- Georgia State University College of Law, J.D., 2024, CALI Award Recipient: Estate Planning

- West University of Timisoara, B.B.A.

BAR ADMISSIONS

- Georgia

LANGUAGES

- Romanian (fluent)

PUBLICATIONS

- Co-author, "IRS Issues Additional Guidance on Withholding and Reporting for Uncashed Retirement Plan Checks," *Employee Benefits Blog*, August 14, 2025.
- Co-author, "The Final and Proposed Required Minimum Distribution Regulations: Key Updates and Next Steps," *Finseca*, November 14, 2024.
- Co-author, "Navigating New and Anticipated Corrections Guidance for Retirement Plans," *Employee Benefit News*, May 13, 2024.