Caralea J. Grant

Associate

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OVERVIEW

Caralea is a labor and employment litigator who represents individual clients, corporate entities, and classes in federal and state court proceedings. She has worked on federal jury trials, contributing to trial preparation and execution through drafting examination outlines, preparing witnesses, and developing trial strategy. Caralea has also led mediations and settlement negotiations in employment disputes.

TOP AREAS OF FOCUS

- Labor + Employment

PROFESSIONAL EXPERIENCE

- Legal extern, Zero Abuse Project, May 2021-August 2021

EDUCATION AND CERTIFICATIONS

EDUCATION

- The George Washington University Law School, J.D., 2023, *Federal Circuit Bar Journal*
- University of Denver, B.S.B.A., *with honors*, 2020, marketing

BAR ADMISSIONS

- District of Columbia
- Maryland

COURT ADMISSIONS

- U.S. District Court, District of Maryland
- U.S. District Court, District of Columbia

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PUBLICATIONS

- Co-author, "Virginia's 2026–2028 Employment Law Changes: What Employers Need to Know," *Troutman Pepper Locke*, June 10, 2026.