

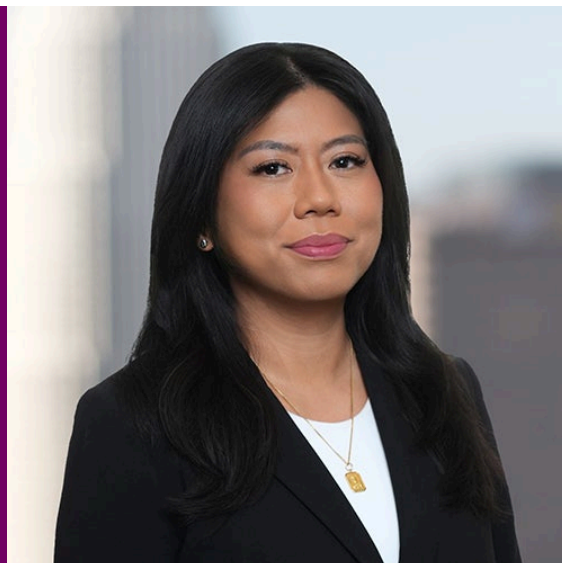
Sharlynn M. Mate

Associate

Los Angeles

sharlynn.mate@troutman.com

D 213.928.9807



OVERVIEW

Sharlynn is an associate in the firm's Labor and Employment practice, where she defends employers in wage and hour individual and class actions, representative actions under the Private Attorneys General Act (PAGA), and a variety of single- and multi-plaintiff disputes. She also provides preventive advice and counseling on a wide range of workplace issues and compliance.

Before joining the firm, Sharlynn worked at a national firm focused on management-side employment litigation, representing companies across industries including health care, manufacturing, hospitality, transportation, and entertainment in a broad array of employment-related disputes. She also served as a legal secondee at a major technology company, supporting global workforce initiatives, advising on cross-border employment compliance, and assisting with large-scale reduction-in-force planning across the EU, APAC, and the Americas. In addition to her employment practice, Sharlynn has experience in defense-side commercial litigation, data privacy, and tort matters.

AWARDS

- *Best Lawyers in America*® Ones to Watch, 2025-2026

TOP AREAS OF FOCUS

- Labor + Employment

PROFESSIONAL/COMMUNITY INVOLVEMENT

- President-elect, Philippine American Bar Association
- Member, Board of Governors, Asian Pacific American Bar Association of Los Angeles
- Member, Women Lawyers Association of Los Angeles

EDUCATION AND CERTIFICATIONS

EDUCATION

- Southwestern Law School, J.D., 2019, SCALE Accelerated Program
- California State University, Northridge, B.S., 2016, finance

BAR ADMISSIONS

- California

LANGUAGES

- Tagalog